


23/05/2022

IDEAL COLLEGE OF AYURVED , POSHERI

TIME TABLE- 1ST BAMS 2022

DAY/TIME	Lect 1 9.00 - 10:00am	Lect 2 10.00 - 11:00am	Lect3 11:00 - 12:00am	Lect 4 12:00 - 1:00pm	Lunch Break 1-1:45pm	Practical Batch 2:00-4:00pm	Lect/Nonlect/Activitie 4:00-5:00pm
Monday	Kriya-1	Rachana-1	Samhita 1	Padartha 2	-	Rachna A Kriya B	Sanskrit ithihas 1
Tuesday	Rachana-2	Kriya-2	Padartha 1	Samhita 2	-	Rachna A Kriya B	Sanskrit ithihas 2
Wednesday	Samhita 1	Kriya-1	Padartha 2	Sanskrit ithihas 1	-	Rachna A Kriya B	Recitation of shloka
Thursday	Sanskrit ithihas 2	Rachana-1	Padartha 1	Samhita 2	-	Rachna A Kriya B	Group Discussion
Friday	Padartha 2	Kriya-2	Samhita 1	Rachana-2	-	Rachna A/ Sanskrit ithihas B	Online/Elective/Lms
Saturday	Samhita 2	Sanskrit ithihas 1	Samhita 1	Rachana-1		Rachna B Sanskrit ithihas A	Library/Asssignment/ Yoga




PRINCIPAL
 IDEAL COLLEGE OF AYURVED
 AT POST- POSHERI,
 TAL.- WADA, DIST. - PALGHAR,
 MH- 421303