

Disease Review of Parikartika

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Abstract :

Parikartika is the most common and painful symptomatic condition seen as per clinical symptoms, its having 2 types Acute & Chronic. On the basis of symptoms, the disease Fissure-in-ano can be similar to the disease Parikartika according to Ayurveda. Acharya Sushruta, Acharya Dalhan has explain this disease. It is treated with conservative lines, soothing ointment, laxative etc. also Devadaru, Haridra, Tagar, Yashtimadhu, Nirgundi, Udumbar, Ghrita etc. medication mostly choice of drug in Parikartika.

Keywords - Public Health, Parikartika, Acharya Dalhana, Nirgundi etc.

Introduction :

In Ayurveda it is firstly explained that the health of human being increases by different shaman medicine & immunity powered increase by Rasayana Chikista drugs. The Vaidya always try to do impossible to possible things. As in the world with the help of bio medical engineering both used in diagnosis & management also, but in some condition doctor developed new techniques for their management , Parikartika (Fissure-in-ano) is one among of them for innovative work. Many techniques have been tried.

Parikartika is very painful and common condition mostly at middle posteriorly of anal region. As posterior angulation of the anal canal, relative fixation of the anal canal is posteriorly & elliptical

shape of the anal canal are the main causes been explained. In Acute condition & Chronic condition pain & bleeding are two main symptoms seen. In long standing cases it may be associated with Arsha (Piles).

Acharya Dalhana has explained Parikartika as a condition of Guda and it's a 3 types i.e. Vataja, Pittaja, Kaphaja.. Acharya Sushruta has explained cutting, burning pain in Anus, Umbilical region & Neck of the Urinary Bladder whereas, Acharya Charaka described pricking pain in groins & sacral area, scanty stool, bleed per anum. Lots of Shamana Aushadhi & treatment explain in Ayurveda Samhita are explained. Acharya Charaka & Acharya Vagbhata have described treatment type wise, Ashtang Sangraha & Ashtang Hridaya Also described Parikartika.

Defination :

Parikartika denotes cutting pain all around.

- As per Acharya Sushruta - There is cutting & tearing pain everywhere.
- As per Acharya Jejjata - There is Cutting pain of Guda which is localised up to a particular area.
- As per Acharya Kashyapa - There is cutting & tearing pain everywhere.

Nidana :

Not a specific explanation in Ayurveda text about Parikartika.

a) Vata-

- UshnaKashayAlpaBhojana
- Vegadharana
- Udirana
- AtiShodhana
- Rutukala

b) Pitta-

- KatuBhojana
- LavanaAahar
- VidahiAahar
- Rutukala

c) Kapha -

- MadhuraAahar
- AmlaAahar
- LavanaAahar
- Diwasvap
- Rutukala

Rupa -

The symptom produced when VikrutaVata get sited in Guda.
(Ref- Ch.Chi. 28/26-27)

- Cutting
- Sawing pain in Penis
- Sawing Pain in Anus.
- Sawing Pain in Umbilical Region.
- Sawing Pain in Neck of the Urinary Bladder.

Acharya Vagbhata has explained same sign & Symptoms as explained by Charaka & Sushruta.

- Vrana
- Strava

Types of Parikartika - (Ref- Kashyapa Samhita)

- VatajaParikartika
- PittajaParikartika
- KaphajaParikartika

This Types of classification is mainly based on the character of the - Pain

- ❖ Shooting
- ❖ Cutting or
- ❖ Pricking

- ❖ Pain - in Vata prominent
- ❖ Burning - In Pitta prominent
- ❖ Dull ache - In Kapha prominent.

Sadhya-

- i) Vrana cured easily
- ii) Good Satva patient
- iii) Good Mansa Dhatu patient
- iv) Good Agni patient
- v) Young Age patient

Yapya -

- i) Untreated Vrana
- ii) It is associated with SannirudhaGuda.

Treatment - (Chakitsa)**A) Local-**

Basti Karma - Basti Karma prepared by Ghrita, Taila&Kshira with the help of different medicine.

- Drugs - Vatashamaka
- VranaShodhaka
- Pitta Shamaka

Acharya Sushruta explain 3 types of Basti-

- i) AnuvasanaBasti - Ghrita
- ii) Piccha Basti - YashtiMadhuChandana
- iii) Shital Basti

Acharya Charaka-

- i) ShitalaBasti- MadhuraKashaya Drugs
- ii) PicchaBasti- MadhuYashtichurna + Kwatha.
- iii) AnuvasamaBasti-MadhuYashtichurna + Kwatha.

B) General -

- i) Deepan Drugs
- ii) Pachana Drugs

- iii) Tridoshaja Drugs
- iv) Virechaka Drugs
- v) Kshira
- vi) Amla Dravya

As per Acharya Kashyapa-

- a) VatajaParikartika-
 - i) Brihati
 - ii) Bela
 - iii) Ananta
- b) PittajaParikartika-
 - i) Dhanyaka
 - ii) Madhu
- c) KaphajaParikartika-
 - i) Kantakari
 - ii) Pimpala
 - iii) Gokshura
 - iv) Lavana

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